In the Specification, kindly amend page 1, paragraph 4 as follows:

While pneumatically operated tourniquets for hospital use exist, they require connection to a ready supply of pressurize pressurized air or to electricity, and are thus totally unsuitable for use in the field.

In the Specification, kindly amend page 2, paragraph 2 as follows:

It is thus an aim of the present invention to provide a self-regulating tourniquet which accurately regulates the pressure applied to a wound, which is simple to use, may be self-applied by a subject, and which is fully portable so as to be suitable for use in the field.

The self-regulating tourniquet includes: a pressure source; pressure applicator apparatus associated with said pressure source and operative to apply pressure therefrom to a subject limb; and a pressure regulator associated with said pressure source and said pressure member, operative to restrict the pressure transferred from said pressure source to the limb to a designated maximum pressure applied to the subject limb.